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QUARTERLY TAPE

Joy Jumper

Years ago, Robert Monroe wrote a script about how Kathy meets her higher self and learns to joy jump herself to sleep. Now his script has been voiced by Laurie Monroe. “All you have to do, if you want to dream that you are going somewhere, is to say to yourself, say in your mind—joy jump—and then imagine where it is you want to go, and there you are.” We hope your inner child enjoys the story and that you will share it with the young people in your life.

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